

Factsheet:

Clermiston - *Capital Fitness Health Club* *Best Western Edinburgh Capital Hotel* *187 Clermiston Road,* *Edinburgh EH12 6UG*

FACILITIES

Pool: 17m (longest point)
Average Temperature: 30°C
Depth: 1.1m - 1.5m

CHANGING ROOMS

Male and Female Changing Rooms
Individual changing cubicles
Showers/Toilets
Lockers available for £1 (returned)

ENTRANCE TO THE BUILDING

Enter through the club entrance to the rear of the Best Western Edinburgh Capital Hotel.
Please sign in at reception to gain entry to the pool and changing rooms.

MEETING POINT

Meet your Instructor at the steps at the viewing area. Outdoor shoes must be removed or covered with the blue plastic over shoes provided.

VIEWING POINT

There is a viewing area on poolside. Seating is also available in the club café area where tea and coffee are available for £1. Swimming Nature clients also receive 25% in the hotel Café & Bar upstairs (subject to proof of purchase).

TRANSPORT

There are good bus links from the city centre. The number 26 or 1 goes directly to Clermiston Road or numbers 12, 31, and X48 to Corstorphine Road (then 10minutes walk to the hotel).
There is free parking to the rear of the hotel for Swimming Nature clients.



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