

Factsheet:
Belsize Park - Spring Health Club
81 Belsize Park Gardens
London, NW3 4NJ

FACILITIES

Pool: 11m x 5m
Average Temperature: 29°C
Depth: 1.4 – 1.6m (Swimming Nature will use a special platform to make one area shallower for little swimmers)

CHANGING ROOMS

Male and Female changing room facilities with lockers
Please note that club rules mean no persons over the age of 5 years will be allowed in the opposite sex changing room.

MEETING POINT

Please meet your Instructor by the entrance to the pool.

VIEWING AREA

Owing to poolside space restrictions, there is no viewing area on the poolside. We request that you use the café area to wait until the lesson is over. Once a term, you will be allowed to come onto the poolside to watch the lessons. Teachers will feedback after every lesson.

TRANSPORT

Tube: Belsize Park Tube 0.3miles
Car: There is pay and display parking on the surrounding roads



CALL **08700 94 95 97** OR VISIT
www.swimmingnature.co.uk



Learn To Swim Effortlessly